

# HOKUTORYU

## BELT TECHNIQUE CAMP

**9-10.3.2019 Helsinki**

Merihaan palloiluhalli, Haapaniemenkatu 14, 00530 Helsinki

The camp is for all belt grades, from white to black belt.

The spring camp for juniors is on Saturday 9.3.



**CAMP SUPERVISOR:**

Soke Auvo Niiniketo

10.Dan

**INSTRUCTORS:**

Top level Finnish instructors

**TRAININGS:**

The camp is mainly a belt technique camp.

**DAN EXAMS:**

Friday 8.3. klo 18.30

At Ju-jutsuklubi dojo, Tallberginkatu 1 D

**BELT EXAMS (KYU):**

Saturday 9.3. klo 09.30 at the venue

Exams for all belt grades.

## **REGISTRATION AND CAMP FEE :**

The camp fee is 60€ / junior 30€. The camp fee is paid during registration to the reception by cash. The reception opens on Saturday 9.3 at 8.30am.

## **JUNIORS:**

The training for juniors is on Saturday 9.3 at 11.00-16.15. The theme of the junior camp is fighting; stand up fighting, grappling and how to merge these with Hokutoryu rules. Taking part in the camp does not require fighting experience or plans to take part in competition, the camp is meant for juniors of all belt grades. The teacher of the junior camp is Sensei Kimmo Nurkse 4. Dan.

### **Saturday 9.3.**

09.30-11.00	Belt exams (Kyu)
11.00-12.25	White, yellow, orange and blue belts
12.30-12.55	Opening- and Dan-ceremony
13.00-14.25	Green, brown and black belts
14.30-15.55	White, yellow, orange and blue belts
16.00-17.25	Green, brown and black belts
22:00->	Apollo Nightclub. Free entrance with the camp ticket (+18years only).

### **Sunday 10.3.**

10.00-11.25	White, yellow, orange and blue belts
11.30-13.00	Green, brown and black belts
13.15-14.30	All belt grades

## **ACCOMMODATION:**

There are several hotels close to the camp venue, the closest are at 300m distance. It is recommended to book the hotel in advance, the best prices are usually found at [www.hotels.com](http://www.hotels.com).

## **INQUIRIES:**

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