

HOKUTORYU

BELT TECHNIQUE CAMP

10-11.3.2018 Helsinki

Merihaan palloiluhalli, Haapaniemenkatu 14, 00530 Helsinki

The camp is for all belt grades, from white to black belt.

The spring camp for juniors is on Saturday 10.3.



CAMP SUPERVISOR:

Soke Auvo Niiniketo

10.Dan

INSTRUCTORS:

Timo Hirvonen

8. Dan

Kari Lehtonen

5. Dan

Risto Vântär

8. Dan

Mika Mantere

5. Dan

Mikael Gebala

5. Dan

Petri Kolehmainen

4. Dan

Keijo Juvonen

5. Dan

Teresa Pentikäinen

3. Dan

Kai Julin

5. Dan

TRAININGS:

The camp is mainly a belt technique camp.

DAN EXAMS:

Friday 9.3. klo 18.30

At Ju-jutsuklubi dojo, Tallberginkatu 1 D

BELT EXAMS (KYU):

Saturday 10.3. klo 09.30 at the venue

Exams for all belt grades.

REGISTRATION AND CAMP FEE :

The camp fee is 60€ / junior 30€. The camp fee is paid during registration to the reception by cash. The reception opens on Saturday 10.3 at 8.30am.

JUNIORS:

The training for juniors is on Saturday 10.3 at 11.00-16.15. The theme of the junior camp is fighting; stand up fighting, grappling and how to merge these with Hokutoryu rules. Taking part in the camp does not require fighting experience or plans to take part in competition, the camp is meant for juniors of all belt grades. The teacher of the junior camp is the coach of the National team Kai Julin 5.Dan.

Saturday 10.3.

09.30-11.00	Belt exams (Kyu)
11.00-12.25	White, yellow and orange belts
12.30-12.55	Opening- and Dan-ceremony
13.00-14.25	Green, blue, brown and black belts
14.30-15.55	White, yellow and orange belts
16.00-17.25	Green, blue, brown and black belts
22:00->	Apollo Nightclub. Free entrance with the camp ticket (+18years only).

Sunday 11.3.

10.00-11.25	White, yellow and orange belts
11.30-13.00	Green, blue, brown and black belts
13.15-14.30	All belt grades

ACCOMMODATION:

There are several hotels close to the camp venue, the closest are at 300m distance. It is recommended to book the hotel in advance, the best prices are usually found at www.hotels.com.

INQUIRIES:

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