

AUTUMN CAMP 2017

4-5.11.2017 Salo

Urheilutalo, Perniöntie 7, 24100 Salo

The camp is open for all belt grades from white to black belt.

The autumn camp for juniors is on Saturday 4.11.



CAMP SUPERVISOR :

Auvo Niiniketo 10. Dan ju-jutsu

INSTRUCTORS:

David Toney	8. Dan ju-jutsu	Ireland
Ottar Vassenden	5. Dan ju-jutsu	Norway
Evgeny Korotkikh	5. Dan ju-jutsu	Russia
Irina Kuprina	2. Dan ju-jutsu	Russia

Timo Hirvonen	8. Dan ju-jutsu
Risto Väsentär	8. Dan ju-jutsu
Kimmo Tenhunen	7. Dan ju-jutsu
Mika Kolehmainen	5. Dan ju-jutsu
Mika Mantere	5. Dan ju-jutsu
Kimmo Nurkse	4. Dan ju-jutsu
Teresa Pentikäinen	3. Dan ju-jutsu

DAN EXAMS:

Fri 3.11. at 18.30

BELT EXAMS (KYU):

Sat 4.11. at 9.30

Exams for all belt levels.

REGISTRATION AND CAMP FEE :

The camp fee is 60€ / juniors 30€. The camp fee is paid during registration to the reception by cash. The reception opens on Saturday 4.11 at 8.30.

TRAININGS:

The camp includes several special trainings, such as knife and weapon disarming and competition practices.

Saturday 4.11.

09.30-11.00	Belt exams(Kyu)
11.00-12.25	White, yellow and orange belts
12.30-13.00	Opening ceremony and Dan ceremony
13.00-14.25	Green, blue, brown and black belts
14.30-15.55	White, yellow and orange belts
16.00-17.25	Green, blue, brown and black belts
20.00->	Camp dinner

JUNIORS:

The training for juniors is on Saturday 4.11 at 11.00-16.15. The day includes 4 practises.

Sunday 5.11.

10.00-11.15	White, yellow and orange belts
11.15-12.30	Green, blue, brown and black belts
12.45-14.00	All belt grades

ACCOMMODATION:**Original Sokos Hotel Rikala**

Single room = 67€ / room / day

Double room = 87€ / room / day

Double room "Superior" = 107€ / room / day

Double room "Superior" with sauna = 117€ / room / day

Reservation code: "Ju-jutsu syysleiri"

Address: Asemakatu 15, 24100 Salo

Phone: +358 2 7744 100

E-mail: reception.rikala@sok.fi

www.sokoshotels.fi

DOJO ACCOMMODATION:

Dojo accommodation is included in the camp fee. The accommodation is at the fojo of Budoclub Zanshinkan.

Address: Raitalankatu 7, 24100 Salo

Kimmo Nurkse phone: +358 41 504 0158

BLACK BELT SAUNA

The sauna for the black belts is on Saturday 4.11 starting at 18:30 in the sauna of Hotel Rikala.

CAMP DINNER:

The camp dinner is on Saturday 4.11 at 2.00. Dinner price: 25€. Registration to dinner in advance to the reception of Sokos Hotel Rikala (+358 2 7744 100 / reception.rikala@sok.fi).

ORGANIZER:

Salon Zanshinkan Ry

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INQUIRIES:

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